

* MIKES *

LINE DANCING

Grundy Gallop

Choreographed by Jenny Rockett

Description: 32 count, 2 wall, line dance

Music: **Sold** by John Michael Montgomery [120 bpm]

4 SHUFFLES TURNING A FULL CIRCLE LEFT

1&2 Shuffle step round left, right, left.

3&4 Shuffle step round right, left, right.

5&6 Shuffle step round left, right, left.

7&8 Shuffle step round right, left, right

SIDE TOUCHES LEFT & RIGHT

9 Touch left toe to left side

10 Step left foot in place

11 Touch right toe to right side

12 Step right foot in place

HEEL, TOE, SHUFFLE, HEEL, TOE, SHUFFLE

13 Tap left heel forward

14 Touch left toe back

15&16 Shuffle forward left, right, left

17 Tap right heel forward

18 Touch right toe back

19&20 Shuffle forward right, left, right

ROCK FORWARD, RECOVER, SHUFFLE BACK ROCK BACK, RECOVER, SHUFFLE FORWARD

21 Rock forward onto left foot

22 Recover weight in place on right foot

23&24 Shuffle backwards left, right, left

25 Rock back onto right foot

26 Recover weight in place on left foot

27&28 Shuffle forward right, left, right

STEP FORWARD, PIVOT $\frac{1}{2}$, STOMP, STOMP

29 Step left foot forward

30 Pivot $\frac{1}{2}$ turn right bringing weight forward on to right foot

31 Stomp left in place

32 Stomp right in place

REPEAT