



The African Spirit

Count: 32

Wall 4

Level: Improver

:

Choreographer: Jana Monser & [Mathias Pflug](#)
(Germany) Sept 2011

Music Gimme Hope Joanna by Eddy Grant
:

Intro: Start on the vocals!

Chassé, Rock Back, 1/4 Turn R Side, 1/2 Turn R, Side, Locking Shuffle Forward

1&2 Step right to right, Step left beside right, Step right to right

3-4 Step left, Recover on right

5-6 1/4 turn right and step left to left, 1/2 turn right and step right back (9.00)

7&8 Step left forward, Step right beside left, Step left forward

Cross, Back, Side, Crossing Shuffle, Side, 1/4 Turn L Sailor Shuffle

1-2 Cross right over left, Step left back

3 Step right to right

4&5 Cross left over right, Step left beside right, Step left over right

6 Step right to right

7&8 1/4 turn left and cross left behind right, Step right beside left, Step left forward (6.00)

Skate R+L, Kick-Ball-Change x2

1-2 Skate right forward, Skate left forward

3&4 Kick right forward, Step right beside left, Step left beside right

5-8 Repeat 1-4

Rock Forward, 1/2 Turn R Shuffle, Rock Forward, 3/4 Turn L Sailor Shuffle

1-2 Step right forward, Recover on left

3&4 1/4 turn right and step right to right, Step left beside right, 1/4 turn right and step right to right (6.00)

5-6 Step left forward, Recover on right

7&8 1/4 turn left and Cross left behind right, 1/4 turn left and Step right back

8 1/4 turn left and step left forward (3.00)

Repeat & Enjoy! :)