

* MIKES *

LINE DANCING

Tush Push

(a.k.a. Push Tush)

Choreographed by Jim Ferrazzano & Kenneth Engel

Description: 40 count, 4 wall, beginner/intermediate line dance

RIGHT HEEL TAPS

1-4 Touch right heel forward, touch right together, touch right heel forward, touch right heel forward
& Step right together

LEFT HEEL TAPS

5-8 Touch left heel forward, touch left together, touch left heel forward, touch left heel forward
& Step left together

RIGHT, LEFT, RIGHT HEEL TAPS AND CLAP

9& Touch right heel forward, step right together
10& Touch left heel forward, step left together
11-12 Touch right heel forward, clap

BUMP HIPS RIGHT TWICE, BUMP HIPS LEFT TWICE, BUMP HIPS RIGHT AND LEFT TWICE

13-14 Rock right in place and bump hips right, bump hips right
15-16 Recover to left and bump hips left, bump hips left
17-20 Bump hips right, bump hips left, bump hips right, bump hips left (weight to left)

RIGHT FORWARD CHA-CHA, LEFT BACKWARD CHA-CHA

21&22 Step right forward, step left together, step right forward
23-24 Rock left forward, recover to right
25&26 Step left back, step right together, step left back
27-28 Rock right back, recover to left

RIGHT FORWARD CHA-CHA AND ½ TURN RIGHT, LEFT FORWARD CHA-CHA AND ½ TURN LEFT

29&30 Step right forward, step left together, step right forward
31-32 Step left forward, turn ½ right (weight to right)
33&34 Step left forward, step right together, step left forward
35-36 Step right forward, turn ½ left (weight to left)

RIGHT FORWARD, ¼ TURN LEFT, STOMP, AND CLAP.

37-38 Step right forward, turn ¼ left (weight to left)
39-40 Stomp right together, clap

REPEAT

OPTION 1:

1-4 Touch right heel forward 4 times

&Step right together
5-8 Touch left heel forward 4 times
&Step left together

OPTION 2:

1 Touch right heel forward
2 Touch right together
3-4 Touch right heel forward, touch right heel forward
&Step right together
5-8 Repeat 1-4 with left foot

OPTION 3:

1 Hop feet apart
2 Hop and cross right over left
3-4 Turn full turn to left
5-8 Repeat 1-4, either in the same or opposite direction

OPTION 4: (8-BEAT SYNCOPATED STEPS, A.K.A. PRETZELS)

1 Cross right over left
&2 Step left to side, touch right heel forward
&3 Drop right toe, step left over right
&4 Step right to side, touch left heel forward
&5 Drop left toe, step right over left
&6 Step left to side, touch right heel forward
&7 Drop right toe, step left over right
&8 Step right to side, touch left heel forward

OPTION 5: (QUARTER TURN, HALF TURN)

35-36 Step right forward, turn $\frac{1}{4}$ left (weight to left)
37-38 Step right forward, turn $\frac{1}{2}$ left (weight to left)

OPTION 6: (ST. LOUIS STYLE, WHICH IS 44 COUNTS)

37-40 Repeat 29-32
41-43 Step left to side, turn $\frac{1}{4}$ right (weight to right)
43 Stomp left beside right
44 Clap