

Fly Like A Bird

Choreographed by: Hedy McAdams

Music: **Fly Like A Bird** by **Boz Scaggs** [128 bpm / CD: **Line Dance Fever 3**]

Descriptions: 32 count - 2 wall - Intermediate level line dance

ROCK LEFT SIDE, BACK, ¼ TURN, HOLD

- 1 Step to left side with left foot
- 2 Rock back onto right foot
- 3 Step ¼ turn left with left foot
- 4 Hold position ([face 9:00](#))

¼ TURN, ROCK, ¼ TURN, HOLD

- 5 Pivot ¼ turn left on ball of left foot, stepping forward with right foot ([face 6:00](#))
- 6 Rock back onto left foot
- 7 Step ¼ turn right with right foot ([face 9:00](#))
- 8 Hold position

¼ TURN, ROCK, ¼ TURN, HOLD

- 9 Step ¼ turn right with left foot ([face 12:00](#))
- 10 Rock back onto right foot
- 11 Step ¼ turn left with left foot ([face 9:00](#))
- 12 Hold position

KICK-BALL-TURN, KICK-BALL-CHANGE

- 13 Kick right foot forward
- & Step in place with ball of right foot, lifting left foot slightly
- 14 Step ¼ turn left with left foot ([face 6:00](#))
- 15 Kick right foot forward
- & Step in place with ball of right foot, lifting left foot slightly
- 16 Step in place with left foot

CROSS, TURN, CROSS & CROSS

- 17 Touch right toe across in front of left leg
- 18 Pivot ½ turn left on ball of left foot, transfer weight to right foot ([face 12:00](#))
- 19 Step across in front of right leg with left foot
- & Step slightly to right side with right foot
- 20 Step across in front of right leg with left foot

¼ TURN SHUFFLE, ¼ TURN, ½ TURN

- 21 Step ¼ turn right with right foot ([face 3:00](#))
& Slide left foot next to right foot
22 Step forward with right foot
23 Pivot ¼ turn right on ball of right foot, stepping to left side with left foot ([face 6:00](#))
24 Pivot ½ turn on ball of left foot, stepping forward with right foot ([face 12:00](#))

CROSS, POINT, CROSS, ½ TURN

- 25 Step across in front of right leg with left foot, bending knees
26 Point right toe to right side, straighten knees
27 Touch right toe across in front of left leg
28 Pivot ½ turn left on ball of left foot, transfer weight to right foot ([face 6:00](#))

CROSS & CROSS, BIG STEP, SLIDE/LIFT

- 29 Step across in front of right leg with left foot
& Step slightly to right side with right foot
30 Step across in front of right leg with left foot
31 Big slide/step to right side with right foot
32 Slide left toe next to right foot
& Lift left toe and blend into step 1

REPEAT